What could possibly be more exciting than skimming across the blue Mediterranean at full sail on a three-masted ship, en route to an ancient port or a storied island you’ve always dreamed of visiting? Add to this listening to intriguing lectures by Stanford professor Scott Pearson who will explain the history of these amazing shores of the sea the Romans called “Mare Nostrum.” On our voyage aboard Le Ponant, we’ll visit nine ports of call and four islands in France, Spain and Italy. We’ll learn about ancient peoples, stroll in quaint medieval towns, and admire modern art and architecture. We’ll taste the fabulous foods and wines of this prolific region. Best of all, we’ll relax and bask in the October sunshine. We hope you’ll join us on this modern odyssey.

Brett S. Thompson, ’83, Director, Stanford Travel/Study

Highlights

**TOUR** the Villa dei Mulini, where Napoleon resided while in exile on the island of Elba in 1814–1815.

**MARVEL** at Antoni Gaudí’s masterpiece, La Sagrada Familia Cathedral, in Barcelona, Spain—begun in 1882 and still unfinished!

**ADMIRE** the works of several renowned 20th-century artists at the Musée d’Art Moderne in Céret on the French Riviera.

**STROLL** through a nuraghe, a Bronze Age settlement complete with intact megalithic stone towers, on Sardinia.
Stanford Faculty Leader

Professor **Scott Pearson**, who has studied economic change in developing countries for four decades, taught economic development and international trade at the Food Research Institute at Stanford from 1968 to 2002. He has coauthored a dozen books, won several awards for his research and teaching, and advised governments on food and agricultural policy. He has also traveled and worked abroad in Africa, Asia and Europe. Scott has led more than 50 previous trips throughout the world for Travel/Study.

Scott’s talks will highlight two historical dimensions of our itinerary: the rise, conquests, defeat and exile of Napoleon Bonaparte (1757–1821), and four turning-point centuries in Spain’s history: the 2nd century (Roman Iberia), the 10th century (Moorish Spain), the 16th century (Imperial Spain) and the 20th century (Modern Spain).

- Professor of agricultural economics, Stanford University, from 1968 until his retirement in 2002
- Director, Food Research Institute, Stanford University, 1991–1996
- Dean's Award for Teaching, Stanford’s School of Humanities and Sciences, 1978
- MA, international relations, Johns Hopkins University
- PhD, economics, Harvard University

_Sign up online:_ alumni.stanford.edu/trip?western-med2017
_Or by phone:_ (650) 725-1093
THURSDAY, OCTOBER 19
PORTOFERRAIO, ELBA, ITALY
A small island off the Tuscan coast, Elba is famed as Napoleon Bonaparte’s isle of exile in 1814–15. In the island’s main town, Portoferraio, tour Napoleon’s Villa dei Mulini; the Medici fortress; Forte Falcone; and the Vigilant Theater, which Napoleon had converted from an abandoned church. Enjoy a welcome reception aboard ship this evening. LE PONANT (B,L,D)

SATURDAY, OCTOBER 21
ALGERO, SARDEGNA, ITALY
Situated on the northwest coast of Sardinia, Alghero is a quaint old city that was dominated by Catalonia in the Middle Ages and was known at that time as “Little Barcelona.” During our visit, walk along the town’s cobbledstoned streets and admire its medieval stone walls and towers. Also visit the 14th-century church of San Francisco and the Cathedral of Santa Maria. Later wander through the nearby ruins of the Bronze and Iron Age Nuraghe di Palmavera, with its several still-intact stone towers. LE PONANT (B,L,D)

SUNDAY, OCTOBER 22
MAHÓN, MENORCA, SPAIN
The town of Mahón, the largest town on the beautiful island of Menorca, features a hybrid of architectural styles, including many traditional Spanish houses. After a visit to the Museum of Menorca, drive outside of town to the Torralba d’en Salord, a well-preserved megalithic monument dating from about 1,000 B.C.E. LE PONANT (B,L,D)

MONDAY, OCTOBER 23
BARCELONA
The bustling city of Barcelona is said to have been founded by the Romans, or perhaps the Carthaginians, two millennia ago. It is now one of the world’s great cities and the capital of the restive Catalonian people. There is much to see in this centuries-old town. Stroll the narrow alleyways of the Barrio Gotico with its old homes, shops and churches. A favorite son is architect Antoní Gaudí, whose works are ubiquitous. Wander through his iconic La Sagrada Familia Cathedral

Itinerary
TUESDAY & WEDNESDAY, OCTOBER 17 & 18
U.S. / NICE, FRANCE / EMBARK
Depart from the U.S. on Tuesday on an overnight flight and arrive in Nice on Wednesday. Transfer directly to the port of Nice and embark our three-masted sailing yacht, Le Ponant. Set sail in the late afternoon for the island of Elba. LE PONANT (10/18: D)

FRIDAY, OCTOBER 20
AJACCIO, CORSICA, FRANCE
The capital of the French island of Corsica, Ajaccio stands at the head of a beautiful bay. Originally a Roman port, the town was ruled by Genoa during the Middle Ages. Its most famous son is Napoleon, whose family arrived from Tuscany in the 16th century. Visit Old Town, with narrow streets and buildings dating from the 1400s, and the Napoleon Museum, located in the former home of the Bonaparte family. Continue to the Cathedral of Notre Dame and the Fesch Museum, with a fine collection of French paintings. Enjoy some leisure time to explore the picturesque streets of the old Genoese quarter. LE PONANT (B,L,D)
with its eclectic Modernist style; the cathedral has been under construction since 1882. LE PONANT (B.L.D)

TUESDAY, OCTOBER 24
PALAMÓS
From the port of Palamó’s, drive along the scenic azure coast to Empuries, an important archaeological site founded around 600 B.C.E. that includes both Greek and Roman remains. Continue to the medieval fortified village of Pals before returning to our ship. LE PONANT (B.L.D)

WEDNESDAY, OCTOBER 25
PORT-VENDRES, FRANCE / CÉRET
After disembarkation in the picturesque fishing village of Port-Vendres, drive to the seaside town of Collioure and on to Céret, a charming old village that became an important center for 20th-century artists, including Picasso, Braque, Juan Gris, Matisse and Mark Chagall. Visit the town’s excellent Musée d’Art Moderne to view works of these and other painters. This evening celebrate our Mediterranean cruise with a farewell reception and dinner aboard ship. LE PONANT (B.L.D)

THURSDAY, OCTOBER 26
MARSEILLE / DISEMBARK / U.S.
Disembark Le Ponant in the morning and transfer to the Marseille airport for flights home. (B)
Le Ponant

*Le Ponant* is a sleek, 290-foot long, three-masted sailing vessel. Built in 1991 in France and refurbished in 2012, the ship’s 32 well-appointed cabins are positioned mid-ship and have outside views, queen or twin beds, mini-bar, hi-fi system, individual air conditioning, telephone, bathrobes, and private shower and toilet. The four-deck vessel has ample deck space and is well-served by two restaurants. Breakfast and lunch are enjoyed buffet-style under a canopied deck, while dinner is taken in the attractive dining room. Other facilities include a main lounge, terrace lounge and bar, small library and boutique.

### Program Cost*

Rates are per person, based on double or single occupancy, as specified.

<table>
<thead>
<tr>
<th>CAT.</th>
<th>DESCRIPTION</th>
<th>DOUBLE*</th>
<th>SINGLE**</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>Cabin on the Marie-Galante Deck with a porthole window and a queen bed or twin beds, 116 to 121 sq. ft.</td>
<td>$8,295</td>
<td>$11,295</td>
</tr>
<tr>
<td>B</td>
<td>Cabin on the Marie-Galante Deck with porthole windows and a queen bed, 135 to 145 sq. ft.</td>
<td>$8,595</td>
<td>—</td>
</tr>
<tr>
<td>A</td>
<td>Cabin on the Antigua Deck with a picture window and a queen bed, 132 to 164 sq. ft.</td>
<td>$8,895</td>
<td>—</td>
</tr>
</tbody>
</table>

*Association nonmembers add $300 per person.

**Single accommodations may be limited to as few as 2 cabins.
DATES
October 17 to 26, 2017 (10 days)

SIZE
This program can accommodate 64 participants. Single accommodations are extremely limited; please call for availability.

INCLUDED
8-night cruise aboard Le Ponant ■ 8 breakfasts, 7 lunches and 8 dinners ■ Wine and beer served with lunch and dinner ■ Welcome and farewell cocktail receptions ■ Gratuities to guides, drivers and ship’s crew for all group activities ■ All tours and shore excursions as described in the itinerary ■ Transfers and baggage handling on program arrival and departure days ■ Port fees and embarkation taxes ■ Minimal medical, accident and evacuation insurance ■ Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information ■ Services of our professional tour manager to assist you throughout the program

NOT INCLUDED
International and U.S. domestic airfare ■ Passport and visa fees ■ Immunization costs ■ Meals and beverages other than those specified as included ■ Independent and private transfers ■ Trip-cancellation/interruption and baggage insurance ■ Excess-baggage charges ■ Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

WHAT TO EXPECT
We consider this program to be moderately active. Most of our touring is done on foot. Daily excursions involve one to three miles of walking on city streets, which are, in some cases uneven or cobblestoned. In several instances, such as museums, archaeological sites or castles, guided tours require climbing up and down several flights of stairs and standing in one place for 20 to 30 minutes at a time. Stairs may not have handrails, and buildings may not have elevators. Our ship, Le Ponant, does not have an elevator onboard. Participants will have ample opportunity to take in the beautiful coastal scenery from the comfort of our ship. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age or older on this program.

Deposit & Final Payment
A $1,000-per-person deposit is required to hold space on this program. Sign up online at alumni.stanford.edu/trip?western-med2017 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be provided to travelers with their welcome materials. The product offered in this brochure includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a guest paid for by a current member will not be charged the nonmember fee. For more information or to purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in July 2016 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

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"Sailing on Le Ponant was the perfect way to see these small, picturesque island towns—so filled with culture and history!"

SANDRA DARLING, ISLANDS OF THE WESTERN MEDITERRANEAN, 2016

alumni.stanford.edu/goto/travelstudy