The Canadian Maritimes

FROM MAINE TO QUÉBEC
ABOARD THE PEARL MIST

September 18 to 30, 2017

a program of the stanford alumni association
Stanford Faculty Leader

Professor SCOTT PEARSON, who has studied economic change in developing countries for four decades, taught economic development and international trade at the Food Research Institute at Stanford from 1968 to 2002. He has coauthored a dozen books, won several awards for his research and teaching, and advised governments on food and agricultural policy. He has also traveled and worked abroad in Africa, Asia and Europe. The perennially popular faculty leader has led more than 50 previous trips throughout the world for Travel/Study. During this trip, Scott will present two lecture sequences: one focusing on the settlement, development, politics and economics of Nova Scotia, Prince Edward Island and Québec, and the other investigating the rise, expansion and fall of the British Empire—in North America, the Caribbean, Asia, Oceania, Africa and the Middle East.

— Professor of agricultural economics, Stanford University, from 1968 until his retirement in 2002
— Director, Food Research Institute, Stanford University, 1991–1996
— Dean’s Award for Teaching, Stanford’s School of Humanities and Sciences, 1978
— MA, international relations, Johns Hopkins University
— PhD, economics, Harvard University

“Scott is a phenomenal lecturer with an energetic and measured style.”

JOSH ROERING, ’94, MS ’95, TANZANIA FAMILY ADVENTURE, 2015

SIGN UP ONLINE: alumni.stanford.edu/trip?maritimes2017
OR BY PHONE: (650) 725-1093
Autumn colors abound as we cruise from Maine to the Canadian Maritimes amid some of the most breathtaking coastal scenery in North America. Our journey begins in the historic city of Portland, Maine, where we embark for Bar Harbor and Acadia National Park before heading north to discover the rich history and culture of the Maritime Provinces, Nova Scotia, and Prince Edward Island, and Québec. And what better way to access these fascinating places than by ship? Embark the MS Pearl Mist and relax aboard ship as we take in such stunning scenery as the red sandstone cliffs of Îles de la Madeleine and the dramatic landscape of the Gaspé Peninsula while enjoying the company of Travel/Study favorite, Professor Scott Pearson. Join us!

BRETT S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

**CONTEMPLATE** the works of American masters at the world-class Portland Museum of Art and meet a Nobel Laureate on Prince Edward Island.

**EXPERIENCE** the stunning beauty of the New England and Canadian coasts in fall while calling on small coastal towns inaccessible to large ships.

**DELIGHT** in a private ride through Acadia National Park on John D. Rockefeller’s historic carriage paths.

**MARVEL** at the pristine landscapes and waters of the Gaspé Peninsula, teeming with wildlife.
MONDAY, SEPTEMBER 18
HOME / PORTLAND, MAINE
Upon arrival in Portland, head on one’s own for our hotel in the heart of the city. Portland was settled by the English in 1623 and today is a culinary capital as well as a center of American art. After checking in, dine independently at one of Portland’s renowned restaurants.
PORTLAND REGENCY HOTEL

TUESDAY, SEPTEMBER 19
PORTLAND
After an orientation at our hotel, visit the Portland Museum of Art, known internationally for its impressive collection of works by American artists, including Winslow Homer, Frederick Church and three generations of the Wyeth family. This afternoon, enjoy an independent lunch and free time discovering the charm of Portland’s Old Port district. Get to know fellow participants at this evening’s welcome reception and special lobster dinner.
PORTLAND REGENCY HOTEL (B,D)

WEDNESDAY, SEPTEMBER 20
PORTLAND / EMBARK / BAR HARBOR
After a leisurely breakfast, take an independent stroll through the Old Port, then embark the Pearl Mist in time for lunch onboard. Relax on deck as we make our way northeastward, tracing the scenic coastline dotted with lighthouses, quiet harbors and secluded coves.
MS PEARL MIST (B,L,D)

THURSDAY, SEPTEMBER 21
BAR HARBOR / ACADIA NATIONAL PARK
Explore Bar Harbor, one of Maine’s most scenic ports, nestled on the east side of Mount Desert Island. Stroll Mount Desert Street, a national historic district, and take note of the sheer number and beauty of the architecturally significant homes built by the Gilded Age elite who once resided here. Venture into nearby Acadia National Park for a private carriage ride on the famous Rockefeller paths and enjoy lovely vistas and wildlife in an unspoiled habitat.
MS PEARL MIST (B,L,D)

FRIDAY, SEPTEMBER 22
LUNENBURG, NOVA SCOTIA, CANADA
Today we arrive in Canada and stop at Lunenburg, established by the British in 1753 and today one of the Maritimes’ most charming villages, where photographic opportunities abound. On a guided walk, stroll among the brightly colored buildings lining the downtown streets. For those interested, the Fisheries Museum of the Atlantic is a fascinating place to learn more about the seafaring life.
MS PEARL MIST (B,L,D)

SATURDAY, SEPTEMBER 23
HALIFAX
Absorb the local flavors and culture of Halifax as we stroll down Spring Garden Road with its wide array of charming shops and historic properties. Visit the famed star-shaped Citadel (also called Fort George), constructed by the British military in the 1700s and that protected the harbor.
MS PEARL MIST (B,L,D)

SUNDAY, SEPTEMBER 24
PICTOU
Our cruise takes us briefly to Pictou, the town in “New Scotland” where the first wave of Scottish immigrants arrived in 1773. Visit the Hector Heritage Quay, where
the Hector, a replica of the ship that brought the early settlers on an 11-week voyage to their new home, is docked. Later relax onboard as we sail for Prince Edward Island.

MS PEARL MIST (B,L,D)

MONDAY, SEPTEMBER 25
CHARLOTTETOWN, PRINCE EDWARD ISLAND
Discover Prince Edward Island’s rich history and culinary traditions on a lively walking tour of Charlottetown. Later, take in the natural beauty of the coast, and find out why a Nobel Laureate climatologist refers to PEI as the “Incredible Shrinking Island.”

MS PEARL MIST (B,L,D)

TUESDAY, SEPTEMBER 26
ÎLES DE LA MADELEINE, QUÉBEC
Cruise through one of the most spectacular archipelagos in the Americas, where many of the inhabitants are descendants of the survivors of over 400 shipwrecks on these islands. Stop at La Grave, the first community in the islands where fishermen brought their catch to be dried, salted and packed. Its brightly colored houses and beautiful red cliffs add to the quaint landscape.

MS PEARL MIST (B,L,D)

WEDNESDAY, SEPTEMBER 27
GASPÉ / PERCÉ
This morning, cruise into the deep-water port of Gaspé, claimed by explorer Jacques Cartier for France in 1534. Heralded as one of the “must-see” places in the world, Gaspé offers visitors a unique cultural mosaic comprised of English, Acadian, Basque, Irish and indigenous cultures. This morning take in stunning views as we make our way out on an optional whale watching expedition aboard our privately chartered boat. Search for fin whales and humpbacks as we cruise near Bonaventure Island, with its huge gannet colony. Afterwards, soak up some local color during free time in the picturesque village of Percé.

MS PEARL MIST (B,L,D)

THURSDAY, SEPTEMBER 28
BAIE-COMEAU
Begin the day with a visit to Baie-Comeau, home to the largest multiple arch-and-butress dam in the world, providing hydroelectric power for much of Québec. The unusual landscape, shaped by glacial retreats and meteorites, features a wild boreal forest and attracts vast numbers of birds and sea mammals.

MS PEARL MIST (B,L,D)

FRIDAY, SEPTEMBER 29
SAGUENAY FJORD
Experience one of the most naturally stunning sites in all of Canada from the comfort of our ship: the union of the St. Lawrence and Saguenay Rivers. Here we observe teeming colonies of wildlife, including whales sounding and feeding against the backdrop of the Saguenay, one the longest fjords in the world. Later, attend a traditional show about local history put on by volunteer actors. Enjoy a farewell reception before dinner this evening.

MS PEARL MIST (B,L,D)

SATURDAY, SEPTEMBER 30
QUÉBEC CITY / DISEMBARK / U.S.
Disembark and transfer to Québec City’s Jean Lesage Airport for flights home.
Pearl Mist

Launched in 2014, this carefully crafted ship combines the top guest conveniences with modern navigation and safety technology. Offering oversized staterooms, all with private balconies, the Pearl Mist was designed with the latest in cruising comfort in mind. The spacious, glass-lined dining salon features continental cuisine, and open sun decks and lounges offer a perfect spot to relax between ports. Our compact vessel allows us to cruise into scenic areas and small coastal towns not accessible to larger ships. Our ship’s amenities include elevator service to all decks, a spa, a library, multiple observation decks, six comfortable lounges, and a sports/exercise deck.

Program Cost*

Rates are per person, based on double occupancy, unless otherwise specified.

**Single accommodations may be limited to as few as 2 cabins.

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<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Rate</th>
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<tbody>
<tr>
<td>CATEGORY G</td>
<td>Cabins on 2nd deck with 2 twin beds or 1 king bed. Large picture window and door to private balcony. Approx. 308 sq ft, incl. balcony.</td>
<td>$10,695</td>
</tr>
<tr>
<td>CATEGORY H</td>
<td>Cabins on 3rd deck with 2 twin beds or 1 king bed. Large picture window and door to private balcony. Approx. 308 sq ft, incl. balcony.</td>
<td>$11,295</td>
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<tr>
<td>CATEGORY K</td>
<td>Cabins on 4th deck with 2 twin beds or 1 king bed. Sliding glass doors that open onto private balcony. Approx. 308 sq ft, incl. balcony.</td>
<td>$11,995</td>
</tr>
<tr>
<td>CATEGORY L</td>
<td>Cabins on 5th deck with 2 twin beds or 1 king bed. Sliding glass doors that open onto private balcony. Approx. 308 sq ft, incl. balcony.</td>
<td>$12,195</td>
</tr>
<tr>
<td>CATEGORY R</td>
<td>Cabins on 3rd or 4th deck with 2 twin beds or 1 king bed. Sliding glass doors that open onto private balcony. Approx. 425 sq ft, incl. balcony.</td>
<td>$13,095</td>
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<tr>
<td>CATEGORY S</td>
<td>Cabins on 2nd, 3rd, 4th or 5th deck with 1 twin bed. Large picture window and door to private balcony. Approx. 211 sq ft, incl. balcony.</td>
<td>$13,595</td>
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*Association nonmembers add $300 per person.

**Single accommodations may be limited to as few as 2 cabins.

DATES
September 18 to 30, 2017 (13 days)

SIZE
This program is limited to 49 participants. Single accommodations are extremely limited; please call for availability. Please note that the Pearl Mist’s capacity is 210 passengers, and Stanford Travel/Study will occupy just a portion of the cabins onboard. Lectures, select excursions and some special programming will be exclusive to Stanford participants.

INCLUDED
2 nights of accommodations at the Portland Regency Hotel ▪ 10-night cruise aboard the Pearl Mist ▪ 12 breakfasts, 9 lunches and 11 dinners ▪ Welcome and farewell receptions ▪ Nightly cocktail receptions aboard ship ▪ Gratuities to porters, guides, drivers and ship’s crew for all group activities ▪ All tours and shore excursions as described in the itinerary ▪ Single group airport transfer and baggage handling on scheduled departure day ▪ Port fees and embarkation taxes ▪ Minimal medical, accident and evacuation insurance ▪ Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information ▪ Services of our professional tour manager to assist you throughout the program

NOT INCLUDED
International and U.S. domestic airfare ▪ Airport arrival and departure transfers ▪ Passport and visa fees ▪ Immunization costs ▪ Meals and beverages other than those specified as included ▪ Trip-cancellation/interruption and baggage insurance ▪ Excess baggage charges ▪ Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

AIR ARRANGEMENTS
U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on American Airlines from San Francisco to Portland, Maine, and return from Quebec City, Canada, is approximately $725 as of November 2016 and is subject to change without notice.

WHAT TO EXPECT
We consider this program to be mildly active. Our touring is done by motorcoach and on foot. Some excursions involve walking on unpaved pathways, cobblestones or brick sidewalks. In some instances, such as museums, guided tours require climbing up and down several flights of stairs and standing in one place for 20 to 30 minutes at a time. Travelers will have ample opportunity to take in the beautiful New England and Canadian Maritimes scenery from the comfort of our ship. Participants should be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

Deposit & Final Payment
A $1,000-per-person deposit is required to hold space on this program. Sign up online at alumni.stanford.edu/trip/maritimes2017 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

CANCELLATIONS & REFUNDS
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a guest paid for by a current member will not be charged the nonmember fee. For more information or to purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in November 2016 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

Telephone (650) 725-1093
Email travelsstudy@alumni.stanford.edu

California Seller of Travel Program Registration #2048 523-50

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A very enjoyable exploration of the 19th-century coastal towns of Maine, with wonderful lectures on the artists and history of the area, the fishing and whaling industries, and the fabulous schooners that sailed those seas.

LYNNAE EVANS, MA ’70, MA ’71, ALONG THE NEW ENGLAND COAST, 2015

“...the Pearl Mist...”